





Pl	tnr	Name	Zeit															
<b>D19 (D19-) (7)</b>				<b>8,7 km 130 Hm</b>			<b>24 P</b>		<i>(Forts.)</i>									
				1(117) 15(145)	2(127) 16(129)	3(111) 17(152)	4(149) 18(153)	5(131) 19(160)	6(125) 20(157)	7(120) 21(156)	8(141) 22(154)	9(123) 23(161)	10(142) 24(155)	11(122) Ziel	12(124)	13(126)	14(135)	
3		<b>Kristina Bringezu</b> <b>OLV Potsdam</b>	<b>1:43:17</b>	9:50 9:50 1:05:12	11:26 1:35 1:12:12	12:05 <b>0:39</b> 1:15:43	13:47 1:41 1:21:54	22:52 9:04 1:28:46	24:27 1:35 1:31:58	26:52 2:24 1:35:13	30:13 3:20 1:36:08	34:52 4:39 1:39:49	37:46 2:53 1:40:57	38:30 0:44 1:43:17	42:22 3:51	47:31 5:09	53:28 5:56	
4		<b>Sigrid Passano Hell</b> <b>VS Hellan</b>	<b>1:44:17</b>	11:44 7:04 7:04 1:03:39	6:59 8:48 1:44 1:11:28	3:31 9:35 0:46 1:15:13	<b>6:10</b> 10:36 1:01 1:24:18	<b>6:51</b> 20:36 9:56 1:31:58	3:12 22:27 1:53 1:34:16	3:14 24:37 2:10 1:36:27	0:55 29:21 4:43 1:37:39	3:40 33:41 <b>4:19</b> 1:41:10	1:07 37:37 3:55 1:42:07	1:07 39:14 1:36 1:44:17	44:31 5:17	51:29 6:57	57:27 5:58	
5		<b>Juliane Lenter</b> <b>VS Lentner</b>	<b>2:04:38</b>	6:12 7:28 7:28 1:04:52	7:48 9:11 1:43 1:12:08	3:45 11:09 1:58 1:15:33	9:04 11:46 <b>0:37</b> 1:28:32	7:39 11:46 9:56 1:37:22	2:17 23:36 1:54 1:41:40	<b>2:11</b> 25:57 2:21 1:44:41	1:11 29:24 3:27 1:45:52	<b>3:31</b> 35:20 5:56 1:53:44	<b>0:57</b> 38:57 3:37 1:55:17	<b>2:10</b> 39:57 1:00 2:04:38	45:04 5:07	52:07 7:03	58:33 6:26	
6		<b>Ulrike Neitzel</b> <b>Köpenicker SC</b>	<b>2:16:32</b>	6:19 9:02 9:02 1:20:26 10:30	7:16 11:17 2:15 1:28:33 8:07	<b>3:25</b> 12:15 0:58 1:32:57 4:24	12:59 13:13 0:58 1:41:17 8:20	8:50 24:04 10:51 1:55:50 8:20	4:18 26:12 2:08 2:01:06 5:16	3:01 29:27 3:15 2:03:56 2:50	4:18 35:32 6:05 2:05:21 1:25	1:11 40:32 5:00 2:11:55 6:34	1:33 44:32 4:00 2:13:27 1:32	9:21 45:43 1:11 2:16:32 3:05	10:38 53:04 7:21	11:03 1:03:27 10:23	1:09:56 6:29	
		<b>Margarita Dimova</b> <b>Kaulsdorfer OLV Be</b>	<b>Fehlst</b>	8:49 8:49 1:15:52 10:01	10:32 1:43 1:22:25 6:32	11:14 0:41 1:27:14 4:49	12:01 0:46 1:34:45 7:31	22:12 10:11 1:43:23 8:38	24:01 1:49 1:46:36 3:12	26:48 2:47 1:48:58 2:21	31:29 4:41 1:50:18 1:20	35:59 4:29 1:54:29 4:10	----- 4:29 1:56:16 1:47	38:58 2:59 1:58:47 2:31	47:33 8:35 1:58:47 41:33	54:56 7:23 41:33 *121	1:05:51 10:54	
<b>H19 (H19-) (8)</b>				<b>12,8 km 200 Hm</b>			<b>31 P</b>											
				1(128) 15(138) 29(156)	2(134) 16(116) 30(157)	3(136) 17(117) 31(161)	4(135) 18(127) Ziel	5(145) 19(137)	6(124) 20(114)	7(121) 21(129)	8(142) 22(152)	9(123) 23(153)	10(141) 24(155)	11(120) 25(154)	12(133) 26(159)	13(131) 27(158)	14(125) 28(160)	
1		<b>Vladyslav Laskarzh</b> <b>Our Club</b>	<b>1:31:47</b>	2:07 2:07 41:44 7:10 1:24:40 2:26	6:47 4:40 42:54 1:09 1:26:09 1:28	10:07 3:19 45:55 3:01 1:29:47 3:38	11:54 1:47 47:03 1:07 1:31:47 1:59	15:21 3:26 55:01 7:57	21:03 5:42 55:44 0:43	23:23 2:19 57:18 1:33	24:01 0:38 1:00:06 2:47	25:47 1:45 1:04:48 4:42	27:46 1:59 1:05:42 0:53	30:42 2:55 1:09:45 4:03	31:41 0:58 1:15:59 6:14	33:12 1:31 1:18:44 2:45	34:34 1:21 1:22:13 3:29	
2		<b>Matti Alonen</b> <b>BSV Halle-Ammend</b>	<b>1:39:18</b>	2:02 2:02 43:39 7:19 1:30:06	6:47 4:44 45:14 1:35 1:31:50	10:12 3:24 48:06 2:52 1:36:48	12:10 1:58 49:19 1:12 1:39:18	15:53 3:42 57:16 7:57	21:53 6:00 58:03 0:46	24:35 2:41 59:38 1:35	25:14 0:39 1:02:43 3:05	27:05 1:50 1:08:20 5:37	29:14 2:08 1:09:33 1:12	32:50 3:36 1:13:38 4:04	33:19 0:28 1:20:27 6:49	35:04 1:45 1:23:07 2:40	36:19 1:15 1:26:50 3:43	
3		<b>Robin Zschäckel</b> <b>SV IHW Alex 78 Berl</b>	<b>1:53:50</b>	3:15 2:13 2:13 52:53 9:20 1:45:10	1:44 6:55 4:42 54:38 1:45 1:46:48	4:58 10:36 3:41 58:16 3:38 1:51:20	2:30 13:14 2:38 59:34 1:18 1:53:50	2:30 17:17 4:03 1:08:49 9:15	*133 26:00 8:43 1:09:38 0:49	29:07 29:57 3:07 1:11:53 2:15	29:57 32:12 0:50 1:14:59 3:06	32:12 35:10 2:15 1:20:49 5:50	39:31 39:31 4:21 1:27:55 5:31	40:06 39:31 0:35 1:27:55 5:31	42:02 42:02 1:56 1:35:37 7:42	43:33 43:33 1:31 1:41:57 2:39	43:33 3:41	
4		<b>Jonas Lange</b> <b>SV IHW Alex 78 Berl</b>	<b>1:54:26</b>	3:13 2:51 51:31 8:03 1:46:10	1:38 7:48 53:05 1:33 1:47:41	4:32 11:41 58:17 5:12 1:51:54	2:30 13:46 2:05 1:39 1:54:26	18:04 24:48 4:17 9:00	24:48 6:44 2:44 0:59	27:32 2:44 1:12:45 2:48	29:14 1:41 1:15:45 2:59	31:21 2:07 1:21:29 5:43	33:47 2:25 1:23:47 2:17	38:39 4:52 1:28:59 5:12	39:41 1:01 1:36:15 7:16	41:55 2:13 1:40:08 3:52	43:27 1:31 1:43:47 3:38	
5		<b>Sascha Boeck</b> <b>Kaulsdorfer OLV Be</b>	<b>1:56:07</b>	2:55 1:59 51:09 7:58 1:47:08	1:47 7:03 5:04 1:29 1:48:56	4:37 10:52 3:48 4:08 1:53:33	2:33 13:19 2:26 1:32 1:56:07	19:05 5:46 1:08:02 9:44	26:42 7:36 1:09:06 1:03	29:45 3:02 1:11:19 2:13	30:44 0:59 1:14:30 3:10	33:08 2:23 1:20:16 5:46	35:26 2:18 1:21:25 1:08	39:03 3:36 1:26:41 5:15	39:34 0:31 1:35:32 8:50	41:29 1:54 1:40:06 4:34	43:11 1:41 1:44:12 4:05	
6		<b>Alexander Büchner</b> <b>BSV Halle-Ammend</b>	<b>2:12:03</b>	2:16 2:16 59:10 9:40 2:00:22 4:19	8:16 6:00 1:00:49 1:39 2:03:07 2:45	12:35 4:19 1:04:49 4:00 2:08:57 5:50	15:12 2:37 1:06:35 1:46 2:12:03 3:06	20:18 5:06 1:16:37 10:02	28:24 8:06 1:17:40 1:03	32:02 3:38 1:19:49 2:09	35:19 3:17 1:22:51 3:02	38:16 2:57 1:29:39 6:48	40:44 2:28 1:30:58 1:19	45:13 4:29 1:36:18 5:20	45:49 0:36 1:46:02 9:44	47:47 1:58 1:50:18 4:16	49:30 1:43 1:56:03 5:45	
7		<b>Michael Großmann</b> <b>OLV Potsdam</b>	<b>2:32:06</b>	2:29 2:29 1:04:17 9:51 2:18:08 3:53	8:38 6:09 1:06:01 1:44 2:21:31 3:23	13:32 4:54 1:10:11 4:10 2:27:37 6:06	16:29 2:57 1:11:46 1:35 2:32:06 4:29	21:20 4:51 1:21:32 9:46	30:48 9:28 1:22:30 0:58	34:18 3:30 1:26:54 4:24	35:15 0:57 1:30:32 3:38	37:38 2:23 1:37:48 7:16	40:52 3:14 1:39:23 1:35	49:32 8:40 1:44:00 4:37	50:09 0:37 1:53:11 9:11	52:20 2:11 2:08:53 15:42	54:26 2:06 2:14:15 5:22	
8		<b>Oliver Schakat</b> <b>VS Schakat</b>	<b>2:59:14</b>	3:43 3:43 1:22:36 13:59 2:43:13 7:08	11:59 8:16 1:26:20 3:44 2:47:10 3:57	18:33 6:34 1:32:39 6:19 2:55:28 8:18	22:22 3:49 1:34:19 1:40 2:59:14 3:46	29:11 6:49 1:46:00 11:41	40:02 10:51 1:47:37 1:37	46:40 6:38 1:51:35 3:58	48:05 1:25 1:56:52 5:17	51:19 3:14 2:05:17 8:25	55:10 3:51 2:06:37 1:20	1:01:29 6:19 2:13:28 6:51	1:02:21 0:52 2:23:35 10:07	1:06:20 3:59 2:28:49 5:14	1:08:37 2:17 2:36:05 7:16	

Pl	tnr	Name	Zeit	4,0 km 60 Hm				11 P											
				1(106)	2(146)	3(127)	4(118)	5(142)	6(121)	7(144)	8(145)	9(134)	10(113)	11(199)	Ziel				
<b>D19K (D19-K) (9)</b>																			
1		Hanna Kalinichenk Our Club	36:14	4:24	8:08	9:01	13:15	18:52	19:44	23:31	27:53	29:25	31:03	35:31	36:14				
2		Katrin Herold TSC Strausberg	45:41	5:35	10:11	10:57	14:48	23:27	24:30	29:42	35:23	37:23	39:26	44:51	45:41				
3		Anke Templiner Berliner TSC	51:41	6:46	11:04	11:58	19:59	27:10	28:24	33:35	39:21	41:20	44:05	50:50	51:41				
4		Claudia Becker Berliner Turnerscha	52:50	5:00	8:58	9:51	18:20	29:12	30:02	35:26	41:28	44:17	46:14	52:14	52:50				
5		Erika Polgar VS Polgar	1:04:25	13:58	19:57	21:14	27:24	39:22	40:30	45:40	51:35	53:32	56:18	1:03:32	1:04:25				
6		Carola Schipke Kaulsdorfer OLV Be	1:06:42	16:56	22:54	24:13	30:17	42:20	43:27	48:42	54:24	56:28	59:07	1:05:50	1:06:42				
		Elen Schofield	N Ang																
		Babelsberger Trail	N Ang																
		Konstanze Gergs	N Ang																
		Kaulsdorfer OLV Be	N Ang																
		Dorothee Andres	N Ang																
		OLV Potsdam																	
<b>H19K (H19-K) (9)</b>																			
				7,9 km 100 Hm				17 P											
				1(128)	2(135)	3(136)	4(134)	5(137)	6(114)	7(117)	8(127)	9(118)	10(120)	11(132)	12(123)	13(142)	14(122)		
				15(144)	16(129)	17(199)	Ziel												
1		Arved Pfeil Berliner Turnerscha	1:05:21	2:13	11:21	13:40	19:11	22:32	23:24	32:29	33:55	37:03	42:09	44:55	45:55	48:20	50:02		
				2:13	9:08	2:19	5:31	3:21	0:51	9:04	1:25	3:08	5:05	2:46	0:59	2:25	1:41		
				54:06	1:03:02	1:04:49	1:05:21												
				4:03	8:56	1:47	0:31												
2		Fabian Kalisch TSC Strausberg	1:38:44	3:58	17:44	21:23	27:03	32:34	33:58	48:49	51:21	56:02	1:05:12	1:08:57	1:10:26	1:14:15	1:15:29		
				3:58	13:46	3:39	5:40	5:31	1:24	14:51	2:32	4:41	9:10	3:45	1:29	3:49	1:14		
				1:21:01	1:34:43	1:37:44	1:38:44												
				5:32	13:42	3:01	1:00												
3		Romas Smigelskis Berliner TSC	1:42:34	3:30	16:42	20:24	26:10	30:09	31:38	45:13	47:35	52:31	1:02:22	1:06:44	1:12:38	1:16:26	1:17:15		
				3:30	13:12	3:42	5:46	3:59	1:29	13:35	2:22	4:56	9:51	4:22	5:54	3:48	0:49		
				1:23:10	1:36:58	1:41:50	1:42:34												
				5:55	13:48	4:52	0:44												
4		Olaf Schmidt TSC Strausberg	1:44:24	3:46	16:51	20:17	27:12	32:55	34:01	48:46	50:44	55:30	1:06:15	1:10:40	1:12:03	1:16:09	1:20:45		
				3:46	13:05	3:26	6:55	5:42	1:06	14:44	1:57	4:46	10:45	4:25	1:22	4:05	4:36		
				1:26:16	1:41:04	1:43:44	1:44:24												
				5:30	14:48	2:39	0:40												
5		Thomas Mache OLV Potsdam	2:04:37	3:07	19:25	23:49	33:04	38:53	40:10	1:00:05	1:02:37	1:08:55	1:19:27	1:24:10	1:25:44	1:30:51	1:31:49		
				3:07	16:18	4:24	9:15	5:49	1:17	19:55	2:32	6:18	10:32	4:43	1:34	5:07	0:58		
				1:41:17	2:00:30	2:03:45	2:04:37												
				9:28	19:13	3:15	0:52												
6		Martin Knickmeier TSC Strausberg	2:27:19	4:08	25:06	29:39	37:29	56:19	57:07	1:18:41	1:21:47	1:29:03	1:38:32	1:49:27	1:50:49	1:56:06	1:57:58		
				4:08	20:57	4:33	7:49	18:49	0:47	21:33	3:06	7:15	9:29	10:55	1:22	5:16	1:51		
				2:05:05	2:23:53	2:26:50	2:27:19												
				7:06	18:48	2:57	0:29												
		Stefan Dirks	N Ang																
		VS Dirks	N Ang																
		Juan Francisco Ro	N Ang																
		SV Schorfheide	N Ang																
		Lasse Gehrmann	N Ang																
		ASG Teutoburger W																	
<b>D35 (Damen ab 35) (3)</b>																			
				7,9 km 100 Hm				17 P											
				1(128)	2(135)	3(136)	4(134)	5(137)	6(114)	7(117)	8(127)	9(118)	10(120)	11(132)	12(123)	13(142)	14(122)		
				15(144)	16(129)	17(199)	Ziel												
1		Kathrin Trappe TOLF Berlin	1:39:22	2:37	17:05	22:06	29:03	33:42	35:09	51:40	53:49	58:34	1:07:55	1:11:25	1:12:50	1:15:42	1:16:40		
				2:37	14:28	5:00	6:57	4:38	1:27	16:31	2:09	4:44	9:21	3:29	1:24	2:52	0:58		
				1:21:54	1:35:33	1:38:24	1:39:22												
				5:13	13:38	2:51	0:57												
2		Kristin Vogel OLV Potsdam	1:43:48	3:12	17:49	22:16	28:49	35:43	36:54	52:37	54:42	1:01:07	1:10:10	1:14:15	1:16:14	1:19:23	1:20:35		
				3:12	14:37	4:27	6:33	6:54	1:11	15:43	2:05	6:25	9:03	4:05	1:59	3:09	1:12		
				1:26:58	1:40:19	1:43:04	1:43:48												
				6:23	13:21	2:45	0:44												
3		Annette Rubo OLV Potsdam	1:49:51	5:06	23:42	28:21	36:46	41:39	43:02	59:03	1:01:31	1:06:45	1:15:24	1:19:56	1:22:19	1:25:30	1:26:40		
				5:06	18:36	4:39	8:25	4:53	1:23	16:01	2:28	5:14	8:39	4:32	2:23	3:11	1:10		
				1:32:37	1:46:16	1:49:06	1:49:51												
				5:57	13:39	2:50	0:45												
<b>H35 (Herren ab 35) (8)</b>																			
				10,2 km 140 Hm				21 P											
				1(128)	2(135)	3(137)	4(117)	5(138)	6(149)	7(127)	8(118)	9(120)	10(123)	11(124)	12(141)	13(131)	14(125)		
				15(142)	16(122)	17(143)	18(126)	19(114)	20(130)	21(199)	Ziel								
1		Mirko Schütze OLV Potsdam	1:19:07	2:13	11:19	16:51	27:43	29:44	32:35	33:24	36:19	42:02	44:29	46:51	50:11	55:12	56:29		
				2:13	9:06	5:32	10:51	2:01	2:51	0:48	2:54	5:43	2:26	2:21	3:19	5:01	1:17		
				1:00:16	1:00:49	1:04:47	1:07:56	1:15:39	1:16:55	1:18:33	1:19:07								
				3:47	0:32	3:57	3:09	7:42	1:16	1:38	0:33								

Pl	tnr	Name	Zeit														
<b>H35 (Herren ab 35) (8)</b>				<b>10,2 km</b>		<b>140 Hm</b>		<b>21 P</b>		<i>(Forts.)</i>							
				1(128) 15(142)	2(135) 16(122)	3(137) 17(143)	4(117) 18(126)	5(138) 19(114)	6(149) 20(130)	7(127) 21(199)	8(118) Ziel	9(120)	10(123)	11(124)	12(141)	13(131)	14(125)
2		<b>Raik Zschäckel</b> <b>SV IHW Alex 78 Berl</b>	<b>1:21:28</b> <b>2:00</b> 1:01:18	<b>2:00</b> <b>8:36</b> 1:02:19	<b>10:37</b> <b>3:48</b> 1:06:08	<b>16:43</b> <b>3:15</b> 1:09:24	<b>27:06</b> <b>8:23</b> 1:17:47	<b>29:02</b> <b>1:14</b> 1:19:01	<b>31:54</b> <b>1:46</b> 1:20:48	<b>32:43</b> <b>0:39</b> 1:21:28	<b>35:49</b> <b>3:05</b> 1:21:28	<b>41:46</b> <b>5:56</b> 1:21:28	44:57 3:11	47:14 <b>2:17</b>	50:33 <b>3:18</b>	56:18 5:44	57:51 1:33
3		<b>Lutz Spranger</b> <b>TSV Karlshorst</b>	<b>1:30:45</b> 2:08 1:06:45	12:07 9:59 1:07:36	17:30 <b>5:23</b> 1:11:52	27:45 10:15 1:17:08	29:43 1:58 1:26:31	33:43 4:00 1:28:07	34:38 0:55 1:30:02	38:17 3:39 1:30:02	44:33 6:16 1:30:02	47:22 2:49 1:30:45	50:30 3:08 1:30:45	54:49 4:19 1:30:45	1:00:48 5:59 1:30:45	1:02:35 1:47 1:30:45	
4		<b>Henryk Dobslaw</b> <b>OLV Potsdam</b>	<b>1:31:39</b> 2:01 1:07:12	10:54 8:52 1:07:44	17:12 6:18 1:13:50	27:24 <b>10:11</b> 1:18:20	29:18 <b>1:54</b> 1:27:03	32:44 3:25 1:29:06	33:24 <b>0:40</b> 1:31:00	36:27 3:03 1:31:00	42:56 6:29 1:31:00	45:18 <b>2:21</b> 1:31:00	48:12 2:54 1:31:39	51:35 3:22 1:31:39	57:34 5:58 1:31:39	59:15 1:40 1:31:39	
5		<b>Oliver Gondring</b> <b>OLV Potsdam</b>	<b>1:40:01</b> 2:10 1:13:58	12:22 10:12 1:14:38	20:47 8:25 1:19:28	32:37 11:50 1:24:33	35:17 2:40 1:35:06	38:59 3:42 1:36:50	39:58 0:59 1:39:18	43:30 3:32 1:40:01	49:50 6:20 1:40:01	53:17 3:27 1:40:01	56:20 3:03 1:40:01	59:52 3:32 1:40:01	1:05:56 6:04 1:40:01	1:07:58 2:02 1:40:01	
		<b>Benno Schütz</b> <b>ESV Lok Berlin-Sch</b>	<b>Aufg</b> 2:54 -----	18:34 15:40 -----	28:39 10:05 1:35:09	46:19 17:40 -----	53:01 6:42 -----	1:00:10 7:09 -----	1:01:23 1:13 -----	1:06:35 5:12 -----	1:17:13 10:38 -----	1:21:42 4:29 -----	1:29:39 7:57 -----	-----	-----	-----	
		<b>Tim Grünberg</b> <b>VS Grünberg</b>	<b>N Ang</b>														
		<b>Virginijus Purvys</b> <b>SV IHW Alex 78 Berl</b>	<b>N Ang</b>														
<b>D40 (Damen ab 40) (3)</b>				<b>6,5 km</b>		<b>70 Hm</b>		<b>15 P</b>									
				1(106) 15(199)	2(115) Ziel	3(114)	4(137)	5(145)	6(136)	7(144)	8(122)	9(120)	10(133)	11(131)	12(146)	13(149)	14(128)
1		<b>Diana Chowdhury</b> <b>SV Schorfheide</b>	<b>1:19:48</b> <b>6:05</b> 1:18:55	<b>7:33</b> <b>1:28</b> 1:19:48	<b>17:15</b> <b>9:42</b> 1:19:48	<b>18:22</b> <b>1:06</b> 1:19:48	<b>25:46</b> <b>7:23</b> 1:19:48	<b>31:10</b> <b>5:23</b> 1:19:48	<b>36:11</b> <b>5:01</b> 1:19:48	<b>43:21</b> <b>7:10</b> 1:19:48	<b>48:50</b> <b>5:29</b> 1:19:48	<b>49:48</b> <b>0:57</b> 1:19:48	<b>52:30</b> <b>2:41</b> 1:19:48	<b>1:04:40</b> 12:10	<b>1:06:53</b> 2:13	<b>1:13:00</b> 6:07	
		<b>Andrea Naß</b> <b>Berliner Turnerscha</b>	<b>Fehlst</b> 11:01 1:56:13	12:16 <b>1:15</b> 1:57:25	24:35 12:19	25:49 1:14	34:11 8:22	41:21 7:10	54:37 13:16	1:09:37 15:00	1:17:54 8:17	1:19:01 1:07	1:22:35 3:34	1:34:28 <b>11:53</b>	1:38:33 4:05	-----	
		<b>Noemi Quabeck</b> <b>Berliner Turnerscha</b>	<b>N Ang</b>														
<b>H40 (Herren ab 40) (5)</b>				<b>8,7 km</b>		<b>130 Hm</b>		<b>24 P</b>									
				1(117) 15(145)	2(127) 16(129)	3(111) 17(152)	4(149) 18(153)	5(131) 19(160)	6(125) 20(157)	7(120) 21(156)	8(141) 22(154)	9(123) 23(161)	10(142) 24(155)	11(122) Ziel	12(124)	13(126)	14(135)
1		<b>Matthias Schwartz</b> <b>Berliner Turnerscha</b>	<b>1:14:56</b> <b>6:01</b> 43:57	<b>7:09</b> <b>1:07</b> 49:09	<b>7:45</b> <b>0:35</b> 52:28	<b>8:28</b> <b>0:43</b> 57:20	<b>14:26</b> <b>5:57</b> 1:03:28	<b>15:45</b> <b>1:19</b> 1:05:17	<b>17:29</b> <b>1:43</b> 1:08:08	<b>20:12</b> <b>2:43</b> 1:08:58	<b>23:03</b> <b>2:50</b> 1:11:56	<b>25:55</b> <b>2:51</b> 1:13:00	<b>26:41</b> <b>0:46</b> 1:14:56	<b>30:12</b> <b>3:31</b> 1:14:56	<b>33:51</b> <b>3:38</b> 1:14:56	<b>39:14</b> 5:22	
2		<b>Dennis Treblow</b> <b>BSV Halle-Ammend</b>	<b>1:22:32</b> 6:20 49:58	7:50 1:29 54:58	8:27 0:36 57:38	9:21 0:54 1:03:15	16:28 7:06 1:09:42	17:59 1:31 1:13:28	21:20 3:20 1:15:22	25:05 3:44 1:16:10	28:55 3:50 1:19:22	30:55 <b>2:00</b> 1:20:26	31:41 0:46 1:22:32	35:46 4:04	40:39 4:52	45:16 <b>4:36</b>	
3		<b>Tamas Sziladi</b> <b>ESV Lok Berlin-Sch</b>	<b>1:23:05</b> 6:38 49:32	7:58 1:20 54:35	8:37 0:39 57:57	9:16 <b>0:39</b> 1:03:49	16:10 6:54 1:11:19	17:45 1:35 1:13:21	19:55 2:10 1:15:17	22:43 2:48 1:16:21	26:55 4:12 1:19:46	29:06 2:11 1:20:44	29:57 0:51 1:23:05	34:01 4:04	39:02 5:01	44:06 5:04	
4		<b>Sven Thiermann</b> <b>OLV Potsdam</b>	<b>1:25:40</b> 6:44 49:48	8:13 1:28 55:20	8:53 0:39 58:59	9:56 1:03 1:04:58	17:00 7:04 1:12:12	18:35 1:35 1:16:19	20:42 2:06 1:18:15	24:24 3:42 1:19:13	28:40 4:16 1:22:37	31:05 2:25 1:23:38	31:51 <b>0:45</b> 1:25:40	35:48 3:56	40:10 4:22	44:47 4:36	
5		<b>Andreas Uhlemann</b> <b>ESV Lok Berlin-Sch</b>	<b>1:40:01</b> 12:34 1:02:17	14:00 1:26 1:08:15	14:37 0:36 1:12:18	15:16 0:39 1:18:25	23:12 7:55 1:26:21	25:15 2:02 1:28:49	28:02 2:46 1:31:10	31:14 3:12 1:32:14	35:32 4:18 1:36:16	39:44 4:11 1:37:20	40:42 0:58 1:40:01	44:50 4:07	49:27 4:37	55:27 5:59	
		<b>Martina Fink</b> <b>TSV 90 Röbel</b>	<b>1:18:23</b> 5:35 1:17:30	6:53 1:17 1:18:23	22:35 15:42	23:28 0:53	31:36 8:08	36:31 4:55	40:01 3:29	45:04 5:02	49:39 4:35	50:38 <b>0:58</b>	53:13 2:35	1:03:36 10:22	1:06:44 3:08	1:12:06 5:21	
<b>D45 (Damen ab 45) (7)</b>				<b>6,5 km</b>		<b>70 Hm</b>		<b>15 P</b>									
				1(106) 15(199)	2(115) Ziel	3(114)	4(137)	5(145)	6(136)	7(144)	8(122)	9(120)	10(133)	11(131)	12(146)	13(149)	14(128)
1		<b>Claudia Kalisch</b> <b>TSV Karlshorst</b>	<b>1:05:52</b> <b>5:22</b> 1:05:04	<b>6:45</b> <b>1:22</b> 1:05:52	<b>14:22</b> <b>7:37</b> 1:05:52	<b>15:11</b> <b>0:49</b> 1:05:04	<b>20:53</b> <b>5:41</b> 1:05:04	<b>24:34</b> <b>3:40</b> 1:05:04	<b>27:52</b> <b>3:17</b> 1:05:04	<b>32:53</b> <b>5:01</b> 1:05:04	<b>37:26</b> <b>4:32</b> 1:05:04	<b>38:42</b> <b>1:16</b> 1:05:04	<b>41:07</b> <b>2:25</b> 1:05:04	<b>50:10</b> <b>9:02</b> 1:05:04	<b>54:40</b> <b>4:29</b> 1:05:04	<b>59:37</b> <b>4:56</b> 1:05:04	
2		<b>Martina Fink</b> <b>TSV 90 Röbel</b>	<b>1:18:23</b> 5:27 1:17:30	6:53 0:47 1:18:23	22:35 15:42	23:28 0:53	31:36 8:08	36:31 4:55	40:01 3:29	45:04 5:02	49:39 4:35	50:38 <b>0:58</b>	53:13 2:35	1:03:36 10:22	1:06:44 3:08	1:12:06 5:21	

Pl	tnr	Name	Zeit														
<b>D45 (Damen ab 45) (7)</b>				<b>6,5 km 70 Hm</b>				<b>15 P</b>				<i>(Forts.)</i>					
				1(106) 15(199)	2(115) Ziel	3(114)	4(137)	5(145)	6(136)	7(144)	8(122)	9(120)	10(133)	11(131)	12(146)	13(149)	14(128)
3		<b>Sandra Lischewski</b> BSV Halle-Ammend	<b>1:18:48</b>	5:47 5:47 1:17:59	7:08 1:21 1:18:48	17:51 10:43	19:00 1:09	26:14 7:14	31:49 5:35	35:47 3:58	42:19 6:32	48:03 5:44	49:15 1:12	52:32 3:17	1:04:24 11:52	1:06:44 2:20	1:13:14 6:30
4		<b>Anna Dost</b> OLV Potsdam	<b>1:36:53</b>	5:53 5:53 1:36:07	7:11 1:18 1:36:53	16:21 9:09	17:32 1:10	24:33 7:00	30:14 5:40	34:43 4:29	41:15 6:32	51:20 10:04	55:01 3:41	57:29 2:27	1:09:02 11:33	1:11:46 2:43	1:30:21 18:35
5		<b>Viktoria Jungto</b> VS Jungto	<b>1:40:18</b>	5:45 5:56 5:56 1:39:33	7:07 1:11 1:40:18	18:44 11:37	20:33 1:49	29:02 8:29	34:05 5:03	39:06 5:01	57:10 18:04	1:04:24 7:14	1:05:33 1:09	1:11:06 5:33	1:24:19 13:13	1:26:56 2:37	1:34:47 7:51
6		<b>Alina Shmakova</b> SV IHW Alex 78 Berl	<b>1:41:39</b>	7:01 7:01 1:40:51	8:16 1:14 1:41:39	23:11 14:55	24:18 1:07	33:05 8:46	39:46 6:41	44:26 4:39	52:00 7:34	1:03:43 11:43	1:04:50 1:06	1:08:19 3:29	1:23:00 14:40	1:26:21 3:20	1:34:10 7:48
7		<b>Katrin Brandt</b> Köpenicker SC	<b>1:45:49</b>	6:41 6:57 6:57 1:44:49	8:27 1:29 1:45:49	19:21 10:53	21:06 1:45	32:05 10:58	44:11 12:05	49:45 5:34	1:00:00 10:14	1:07:31 7:31	1:08:35 1:03	1:13:00 4:25	1:27:44 14:44	1:30:23 2:38	1:39:05 8:42
<b>H45 (Herren ab 45) (11)</b>				<b>8,7 km 130 Hm</b>				<b>24 P</b>									
				1(117) 15(145)	2(127) 16(129)	3(111) 17(152)	4(149) 18(153)	5(131) 19(160)	6(125) 20(157)	7(120) 21(156)	8(141) 22(154)	9(123) 23(161)	10(142) 24(155)	11(122) Ziel	12(124)	13(126)	14(135)
1		<b>Andreas Lau</b> Köpenicker SC	<b>1:22:34</b>	6:49 6:49 47:49	8:09 1:19 53:11	8:46 0:37 56:08	9:28 0:42 1:02:17	16:51 7:23 1:10:07	18:21 1:29 1:12:37	20:26 2:05 1:15:28	23:20 2:54 1:16:15	26:23 3:02 1:19:29	28:30 2:06 1:20:27	29:25 0:54 1:22:34	33:22 3:56	38:26 5:04	43:26 5:00
2		<b>Péter Adorján</b> Berliner Turnerscha	<b>1:26:11</b>	6:13 6:13 52:08	7:44 1:31 58:14	8:24 0:40 1:01:18	9:02 0:37 1:07:19	16:29 7:49 1:13:50	17:50 1:21 1:16:45	20:01 2:10 1:18:50	24:19 4:17 1:19:34	28:45 4:26 1:22:53	31:55 3:10 1:24:00	32:41 0:45 1:26:11	36:32 3:51	42:04 5:31	47:15 5:11
3		<b>Johannes Matthews</b> OLV Potsdam	<b>1:28:15</b>	6:55 6:55 51:22	8:32 1:36 56:37	9:08 0:35 59:30	9:59 0:51 1:05:34	17:40 7:40 1:14:01	19:25 1:44 1:16:45	21:35 2:10 1:20:13	24:16 2:41 1:21:10	27:33 3:16 1:24:38	31:32 3:58 1:25:44	32:22 0:50 1:28:15	36:09 3:46	41:39 5:29	46:34 4:55
4		<b>Sven Hommen</b> SV IHW Alex 78 Berl	<b>1:29:38</b>	6:47 6:47 53:56	8:11 1:23 59:24	8:47 0:35 1:02:34	9:31 0:44 1:09:31	17:21 7:49 1:17:13	19:17 1:56 1:19:43	21:38 2:21 1:21:44	24:47 3:08 1:22:38	29:26 4:38 1:26:08	32:21 2:55 1:27:15	32:57 0:36 1:29:38	36:38 3:40	42:34 5:55	47:51 5:16
5		<b>Christian Appelt</b> Kaulsdorfer OLV Be	<b>1:40:22</b>	6:23 6:23 52:07	7:45 1:21 1:00:25	8:26 0:40 1:05:12	9:17 0:51 1:10:50	17:08 7:51 1:18:47	18:51 1:43 1:28:27	21:05 2:13 1:30:34	24:08 3:03 1:31:50	28:49 4:40 1:35:48	30:54 2:05 1:37:42	31:42 0:47 1:40:22	35:22 3:40	41:24 6:01	46:54 5:30
6		<b>Andreas Spengler</b> OLV Potsdam	<b>1:42:21</b>	7:00 7:00 58:45	9:05 2:04 1:04:04	9:47 0:42 1:07:51	10:26 0:38 1:18:10	17:25 6:59 1:27:14	19:14 1:48 1:30:04	21:39 2:25 1:32:53	25:59 4:19 1:33:58	34:16 8:17 1:38:29	35:59 1:42 1:39:25	36:44 0:45 1:42:21	40:16 3:31	45:34 5:18	51:32 5:57
		<b>Raimondas Olisaus</b> Berliner TSC	<b>Fehlst</b>	8:17 8:17 52:18	9:39 1:22 57:44	10:17 0:38 1:01:21	10:59 0:41 1:08:34	18:40 7:40 ----	20:40 2:00 1:24:51	22:55 2:14 1:27:06	25:48 2:52 1:28:02	----	30:44 4:56 1:32:35	32:28 1:43 1:35:28	36:07 3:38	42:11 6:03	47:35 5:24
		<b>Frank Braatz</b> SV IHW Alex 78 Berl	<b>Aufg</b>	4:42 11:00 11:00 1:29:02	5:25 13:34 2:34 ----	3:37 14:39 1:05 ----	7:12 15:43 1:04 ----	16:16 29:42 13:59 ----	16:16 32:34 2:52 ----	2:15 36:32 3:58 ----	0:56 41:35 5:03 ----	0:56 47:55 6:20 ----	3:37 51:17 3:22 ----	3:37 53:56 2:39 ----	5:52 1:00:36 6:40 ----	2:52 1:08:18 7:42 ----	2:52 1:18:08 9:50 ----
		<b>Thomas Krieger</b> TSV Karlshorst	<b>N Ang</b>														
		<b>Andriy Martsyniv</b> Our Club	<b>N Ang</b>														
		<b>Tinko Siebert</b> OLV Potsdam	<b>N Ang</b>														
<b>D50 (Damen ab 50) (5)</b>				<b>5,3 km 80 Hm</b>				<b>15 P</b>									
				1(128) 15(199)	2(115) Ziel	3(149)	4(111)	5(116)	6(138)	7(125)	8(120)	9(140)	10(122)	11(121)	12(144)	13(145)	14(129)
1		<b>Katrin Kubald</b> Kaulsdorfer OLV Be	<b>51:53</b>	2:18 2:18 50:55	4:45 2:27 51:53	8:04 3:18	9:13 1:08	11:28 2:15	13:09 1:40	24:25 11:16	26:53 2:27	28:57 2:04	31:51 2:53	32:52 1:01	37:06 4:13	41:46 4:39	48:35 6:48
2		<b>Katrin Fillinger</b> Köpenicker SC	<b>58:06</b>	2:33 2:33 57:28	5:20 2:47 58:06	9:09 3:49	10:29 1:20	12:51 2:22	15:44 2:53	27:38 11:54	30:40 3:02	32:06 1:26	36:37 4:31	37:37 1:00	43:01 5:24	48:11 5:10	54:45 6:34



Pl	tnr	Name	Zeit														
<b>D55 (Damen ab 55) (11)</b>				<b>5,3 km 80 Hm</b>			<b>15 P</b>			<b>(Forts.)</b>							
				1(128) 15(199)	2(115) Ziel	3(149)	4(111)	5(116)	6(138)	7(125)	8(120)	9(140)	10(122)	11(121)	12(144)	13(145)	14(129)
4		<b>Gudrun Feldmann</b> <b>Kaulsdorfer OLV Be</b>	<b>1:09:52</b>	2:30 2:30 1:09:00	7:20 4:49 1:09:52	12:26 5:05	13:39 1:13	16:55 3:16	20:31 3:36	32:49 12:17	36:25 3:35	38:05 1:40	44:25 6:19	45:26 1:00	51:07 5:40	57:37 6:30	1:05:49 8:11
5		<b>Ulrike Korff</b> <b>SC Achmer</b>	<b>1:13:03</b>	2:56 2:56 1:12:01	8:08 5:12 1:13:03	12:02 3:54	13:17 1:15	16:23 3:06	22:05 5:42	40:11 18:06	43:16 3:05	44:56 1:40	48:15 3:19	49:25 1:10	56:22 6:57	1:02:03 5:41	1:09:23 7:20
6		<b>Anne Ferchow</b> <b>Kaulsdorfer OLV Be</b>	<b>1:15:26</b>	2:38 2:42 2:42 1:14:27	1:02 8:30 5:48 1:15:26	12:54 4:24	14:27 1:33	17:13 2:46	21:11 3:58	37:17 16:06	41:00 3:43	43:05 2:05	47:35 4:30	48:46 1:11	55:06 6:20	1:01:40 6:34	1:10:50 9:10
7		<b>Kerstin Ahlburg</b> <b>SV IHW Alex 78 Berl</b>	<b>1:16:06</b>	3:37 2:43 1:15:01	0:59 1:04 1:16:06	20:16 6:03	21:34 1:17	25:56 4:22	28:39 2:43	41:58 13:18	45:01 3:02	46:36 1:35	51:40 5:04	52:41 1:01	59:02 6:20	1:04:48 5:45	1:12:18 7:30
8		<b>Ulrike Hursie</b> <b>USC Magdeburg</b>	<b>1:19:02</b>	4:43 4:43 1:18:03	9:28 4:45 1:19:02	13:58 4:30	15:26 1:28	19:19 3:53	23:07 3:48	38:44 15:37	42:09 3:25	44:11 2:02	48:34 4:23	49:49 1:15	55:53 6:04	1:02:27 6:34	1:14:16 11:49
9		<b>Beate Büchner</b> <b>SV IHW Alex 78 Berl</b>	<b>1:29:48</b>	3:05 3:05 1:28:34	7:32 4:27 1:29:48	12:59 5:27	14:47 1:48	19:42 4:55	24:01 4:19	43:01 19:00	47:55 4:54	50:25 2:30	54:58 4:33	56:32 1:34	1:04:12 7:40	1:13:45 9:33	1:24:22 10:37
10		<b>Katja Lahm</b> <b>CTG Koblenz</b>	<b>1:54:33</b>	3:35 3:35 1:53:27	9:53 6:18 1:54:33	14:37 4:43	18:04 3:27	25:44 7:39	30:07 4:23	1:07:39 37:32	1:12:01 4:22	1:14:31 2:29	1:20:31 5:59	1:22:42 2:11	1:29:54 7:12	1:38:06 8:11	1:48:18 10:11
		<b>Heidrun Graumann</b> <b>ESV Lok Berlin-Sch</b>	<b>N Ang</b>														
<b>H55 (Herren ab 55) (17)</b>				<b>6,8 km 90 Hm</b>			<b>12 P</b>										
				1(134)	2(137)	3(114)	4(117)	5(127)	6(131)	7(133)	8(120)	9(122)	10(144)	11(129)	12(199)	Ziel	
1		<b>Sven Demmig</b> <b>Kaulsdorfer OLV Be</b>	<b>56:34</b>	<b>7:43</b> <b>7:43</b>	<b>11:14</b> 3:31	<b>11:59</b> <b>0:45</b>	24:07 12:08	25:49 1:41	32:46 <b>6:56</b>	<b>35:34</b> <b>2:48</b>	<b>36:11</b> <b>0:37</b>	<b>39:47</b> <b>3:36</b>	<b>44:16</b> 4:28	<b>54:07</b> <b>9:50</b>	<b>55:59</b> <b>1:52</b>	<b>56:34</b> <b>0:34</b>	
2		<b>Michael Hase</b> <b>TSV Karlshorst</b>	<b>59:26</b>	8:04 8:04	11:27 <b>3:22</b>	12:24 0:57	<b>23:34</b> <b>11:10</b>	<b>25:08</b> 1:33	<b>32:07</b> 6:59	36:07 4:00	36:56 0:48	40:35 3:39	44:38 <b>4:02</b>	56:00 11:22	58:49 2:49	59:26 0:36	
3		<b>Gerhard Brettschne</b> <b>Kaulsdorfer OLV Be</b>	<b>1:01:14</b>	8:43 8:43 41:18	12:23 3:39	13:16 0:52	25:24 12:08	26:55 <b>1:31</b>	34:14 7:18	37:24 3:10	38:02 0:38	43:04 5:01	47:18 4:13	58:16 10:58	1:00:28 2:12	1:01:14 0:45	
4		<b>Frank Hursie</b> <b>USC Magdeburg</b>	<b>1:02:38</b>	8:08 8:08	11:59 3:51	13:08 1:09	25:22 12:14	27:16 1:54	34:53 7:37	38:03 3:10	38:51 0:48	43:01 4:10	48:53 5:52	59:39 10:46	1:01:57 2:18	1:02:38 0:41	
5		<b>Sven Hockeborn</b> <b>SSV Planeta Radebe</b>	<b>1:06:17</b>	9:01 9:01	12:52 3:51	15:42 2:50	28:38 12:56	30:32 1:54	37:54 7:22	42:04 4:10	42:57 0:53	47:02 4:05	51:40 4:38	1:03:09 11:29	1:05:32 2:23	1:06:17 0:45	
6		<b>Urs Trösch</b> <b>Berliner TSC</b>	<b>1:06:23</b>	8:17 8:17	16:23 8:06	17:14 0:51	29:34 12:20	31:16 1:42	38:50 7:34	42:19 3:29	42:58 0:39	47:41 4:43	52:41 5:00	1:03:21 10:40	1:05:35 2:14	1:06:23 0:48	
7		<b>Lutz Wohlrahe</b> <b>ESV Lok Berlin-Sch</b>	<b>1:10:44</b>	9:15 9:15	13:37 4:21	14:46 1:09	28:56 14:10	30:53 1:57	39:06 8:12	43:27 4:20	44:09 0:41	48:32 4:23	55:33 7:00	1:07:48 12:14	1:10:00 2:11	1:10:44 0:43	
8		<b>Aldo Gugolz</b> <b>VS Gugolz</b>	<b>1:18:52</b>	9:56 9:56	14:25 4:29	15:41 1:16	32:05 16:24	34:04 1:59	42:48 8:44	46:20 3:32	47:05 0:45	53:37 6:32	58:30 4:53	1:15:33 17:03	1:18:02 2:29	1:18:52 0:50	
9		<b>Kai Dalüge</b> <b>SV IHW Alex 78 Berl</b>	<b>1:20:36</b>	9:20 9:20	13:47 4:27	14:51 1:04	31:00 16:09	33:05 2:05	42:05 9:00	46:21 4:16	47:20 0:59	55:45 8:25	1:02:17 6:32	1:15:49 13:32	1:19:46 3:57	1:20:36 0:50	
10		<b>Torsten Mättig</b> <b>USV TU Dresden</b>	<b>1:21:30</b>	10:15 10:15	15:23 5:08	16:31 1:08	32:53 16:21	35:21 2:28	45:41 10:19	50:13 4:32	51:06 0:52	56:39 5:33	1:02:58 6:18	1:17:29 14:30	1:20:36 3:07	1:21:30 0:54	
11		<b>Rainer Ahlburg</b> <b>SV IHW Alex 78 Berl</b>	<b>1:24:26</b>	10:17 10:17	14:50 4:33	16:34 1:43	33:49 17:15	35:48 1:59	47:14 11:26	51:52 4:37	52:56 1:04	58:56 5:59	1:05:40 6:44	1:20:31 14:50	1:23:26 2:55	1:24:26 1:00	
12		<b>Matthias Kahlert</b> <b>Berliner TSC</b>	<b>1:36:05</b>	11:27 11:27	16:51 5:24	18:19 1:28	39:00 20:41	41:45 2:45	54:16 12:31	59:19 5:03	1:00:41 1:22	1:06:26 5:45	1:13:47 7:21	1:30:23 16:36	1:33:24 3:01	1:36:05 2:41	
13		<b>André Feldmann</b> <b>Kaulsdorfer OLV Be</b>	<b>1:59:52</b>	13:31 13:31	23:55 10:24	25:27 1:32	47:48 22:20	50:46 2:57	1:06:34 15:48	1:12:47 6:13	1:14:15 1:27	1:21:24 7:09	1:31:56 10:31	1:52:48 20:52	1:58:41 5:52	1:59:52 1:11	
		<b>Dirk Mönch</b> <b>Köpenicker SC</b>	<b>Disqu</b>	8:44 8:44 37:16	13:01 4:16	14:07 1:05	28:26 14:19	30:24 1:58	43:42 13:17	47:06 3:24	47:50 0:43	52:31 4:41	57:49 5:17	1:09:37 11:47	1:12:02 2:25	1:12:44 0:41	
		<b>Bernd Käding</b> <b>Kaulsdorfer OLV Be</b>	<b>N Ang</b>														
		<b>Frank-Dieter Hoffma</b> <b>OLV Potsdam</b>	<b>N Ang</b>														
		<b>Günter Karsten Stöc</b> <b>OK Leipzig</b>	<b>N Ang</b>														
<b>D60 (Damen ab 60) (2)</b>				<b>4,0 km 60 Hm</b>			<b>11 P</b>										
				1(106)	2(146)	3(127)	4(118)	5(142)	6(121)	7(144)	8(145)	9(134)	10(113)	11(199)	Ziel		
1		<b>Gudrun Brettschnei</b> <b>Kaulsdorfer OLV Be</b>	<b>55:16</b>	7:36 7:36	12:10 <b>4:34</b>	<b>13:03</b> <b>0:52</b>	<b>18:05</b> <b>5:02</b>	27:47 9:41	<b>29:07</b> <b>1:20</b>	36:32 7:25	<b>43:31</b> <b>6:59</b>	<b>45:48</b> 2:16	<b>48:47</b> <b>2:59</b>	<b>54:27</b> <b>5:39</b>	<b>55:16</b> 0:49	5:02 *116	



Pl	tnr	Name	Zeit														
<b>D60 (Damen ab 60) (2)</b>				<b>4,0 km 60 Hm</b>			<b>11 P</b>		(Forts.)								
				1(106)	2(146)	3(127)	4(118)	5(142)	6(121)	7(144)	8(145)	9(134)	10(113)	11(199)	Ziel		
2		<b>Helena Mathea</b> <b>SV Schorfheide</b>	<b>57:32</b>	<b>6:14</b> <b>6:14</b>	<b>11:49</b> 5:35	13:44 1:55	18:48 5:04	<b>27:38</b> <b>8:50</b>	29:27 1:49	<b>34:23</b> <b>4:56</b>	43:45 9:22	45:50 <b>2:05</b>	49:42 3:52	56:44 7:02	57:32 <b>0:48</b>		
<b>H60 (Herren ab 60) (7)</b>				<b>6,5 km 70 Hm</b>			<b>15 P</b>										
				1(106)	2(115)	3(114)	4(137)	5(145)	6(136)	7(144)	8(122)	9(120)	10(133)	11(131)	12(146)	13(149)	14(128)
1		<b>Frank-Peter Frenzel</b> <b>TOLF Berlin</b>	<b>59:25</b>	<b>4:40</b> <b>4:40</b>	<b>5:31</b> <b>0:51</b>	<b>12:45</b> <b>7:13</b>	<b>13:42</b> <b>0:56</b>	<b>19:51</b> <b>6:09</b>	<b>23:21</b> <b>3:29</b>	<b>26:33</b> <b>3:12</b>	<b>31:53</b> <b>5:20</b>	<b>35:55</b> <b>4:01</b>	<b>36:34</b> <b>0:39</b>	<b>39:29</b> 2:55	<b>48:33</b> <b>9:03</b>	<b>50:17</b> <b>1:44</b>	<b>55:02</b> <b>4:44</b>
2		<b>Jochen Winkler</b> <b>Kaulsdorfer OLV Be</b>	<b>1:10:54</b>	5:15 5:15	6:22 1:07	18:46 12:24	19:46 1:00	26:04 6:17	29:56 3:52	33:38 3:42	39:29 5:51	44:11 4:41	45:03 0:52	47:49 2:46	59:10 11:20	1:01:03 1:52	1:06:27 5:23
3		<b>Ralf Büchner</b> <b>BSV Halle-Ammend</b>	<b>1:12:09</b>	5:04 5:04	6:09 1:05	14:53 8:44	16:02 1:09	23:01 6:59	27:33 4:32	32:29 4:56	38:49 6:20	44:09 5:20	45:07 0:58	47:45 <b>2:38</b>	58:57 11:12	1:01:07 2:10	1:06:51 5:44
4		<b>Michael Neidhardt</b> <b>ESV Lok Berlin-Sch</b>	<b>1:26:47</b>	7:51 7:51	9:04 1:13	19:24 10:20	20:49 1:25	28:46 7:57	34:10 5:23	38:41 4:31	52:31 13:49	58:08 5:36	59:18 1:09	1:02:11 2:53	1:13:19 11:07	1:15:21 2:02	1:21:19 5:57
5		<b>Uwe Böhning</b> <b>USC Magdeburg</b>	<b>1:33:45</b>	8:47 8:47	10:06 1:19	21:40 11:33	22:58 1:18	29:12 6:13	34:03 4:50	38:07 4:04	52:47 14:39	57:35 4:47	58:30 0:55	1:01:46 3:15	1:13:35 11:48	1:15:26 1:50	1:28:30 13:04
		<b>Carlos Calderón Pu</b> <b>ESV Lok Berlin-Sch</b>	<b>Fehlst</b>	10:09 10:09	11:14 1:05	26:18 15:04	27:36 1:18	39:04 11:28	46:37 7:33	51:03 4:26	59:23 8:20	1:08:01 8:38	1:09:19 1:18	1:14:52 5:33	1:26:12 11:20	----	----
		<b>Ingo Hursie</b> <b>USC Magdeburg</b>	<b>Aufg</b>	----	----	----	----	1:24:42 1:24:42	----	----	----	----	----	----	----	----	----
				----	----	----	8:16 *117	11:13 *117	13:19 *127	14:30 *111	15:36 *149	25:44 *125	28:11 *131	30:30 *125	33:56 *120	39:07 *141	44:22 *123
				48:24 *142	50:01 *122	57:24 *124	1:05:12 *126	1:16:41 *135	1:34:41 *129	1:39:37 *152							
<b>D65 (Damen ab 65) (3)</b>				<b>4,0 km 60 Hm</b>			<b>11 P</b>										
				1(106)	2(146)	3(127)	4(118)	5(142)	6(121)	7(144)	8(145)	9(134)	10(113)	11(199)	Ziel		
1		<b>Ruth Schlingmann</b> <b>VS Schlingmann</b>	<b>1:00:15</b>	<b>6:18</b> <b>6:18</b>	<b>11:46</b> <b>5:28</b>	<b>13:00</b> <b>1:14</b>	<b>18:05</b> <b>5:05</b>	<b>31:58</b> 13:53	<b>33:15</b> <b>1:17</b>	<b>39:25</b> <b>6:10</b>	<b>46:15</b> <b>6:50</b>	<b>48:45</b> <b>2:30</b>	<b>52:36</b> 3:51	<b>59:07</b> <b>6:31</b>	<b>1:00:15</b> 1:08		
2		<b>Monika Braatz</b> <b>SV IHW Alex 78 Berl</b>	<b>1:05:27</b>	8:07 8:07	14:53 6:46	16:23 1:30	23:12 6:49	34:36 <b>11:24</b>	36:02 1:26	43:01 6:59	50:47 7:46	54:02 3:15	57:29 3:27	1:04:31 7:02	1:05:27 <b>0:56</b>		
3		<b>Gabriela Lehmann</b> <b>Kaulsdorfer OLV Be</b>	<b>1:05:58</b>	6:31 6:31	13:55 7:23	15:31 1:36	21:14 5:42	33:56 12:41	35:25 1:28	43:26 8:00	51:23 7:57	54:10 2:47	56:56 <b>2:45</b>	1:04:50 7:54	1:05:58 1:08		
<b>H65 (Herren ab 65) (9)</b>				<b>6,5 km 70 Hm</b>			<b>15 P</b>										
				1(106)	2(115)	3(114)	4(137)	5(145)	6(136)	7(144)	8(122)	9(120)	10(133)	11(131)	12(146)	13(149)	14(128)
1		<b>Siegfried Büchner</b> <b>SV IHW Alex 78 Berl</b>	<b>1:11:16</b>	6:34 6:34	7:48 1:14	16:31 <b>8:43</b>	17:40 1:09	25:12 7:32	30:25 5:13	34:20 3:55	<b>39:56</b> <b>5:36</b>	45:22 5:26	<b>46:18</b> 0:56	<b>48:54</b> <b>2:36</b>	<b>59:17</b> 10:23	<b>1:00:58</b> <b>1:41</b>	<b>1:06:17</b> <b>5:19</b>
2		<b>Burkhard Jandrig</b> <b>SV IHW Alex 78 Berl</b>	<b>1:16:19</b>	<b>4:50</b> <b>4:50</b>	<b>5:57</b> <b>1:07</b>	17:40 11:43	18:51 1:11	25:30 6:39	31:41 6:11	35:48 4:07	41:27 5:39	46:33 5:06	47:31 0:58	50:32 3:01	1:01:26 10:54	1:05:03 3:37	1:10:48 5:45
3		<b>Michael Frenzel</b> <b>ESV Lok Berlin-Sch</b>	<b>1:17:08</b>	5:32 5:32	6:40 1:08	<b>16:28</b> 9:47	<b>17:39</b> 1:11	<b>24:16</b> <b>6:36</b>	<b>29:11</b> <b>4:55</b>	<b>32:56</b> <b>3:45</b>	40:15 7:18	<b>44:54</b> <b>4:39</b>	48:37 3:42	51:32 2:55	1:02:06 10:33	1:06:45 4:38	1:12:25 5:40
4		<b>Gerhard Bader</b> <b>ESV Lok Magdebur</b>	<b>1:34:30</b>	9:21 9:21	11:09 1:48	22:59 11:50	24:31 1:32	31:47 7:16	36:50 5:03	41:42 4:52	49:04 7:22	1:02:40 13:36	1:03:30 <b>0:50</b>	1:07:54 4:24	1:19:50 11:56	1:23:01 3:11	1:28:55 5:54
5		<b>Wojciech MELINSKI</b> <b>UKS Energetyk Dyc</b>	<b>1:35:05</b>	8:50 8:50	11:25 2:35	27:04 15:39	28:11 1:07	39:21 11:10	44:46 5:25	52:17 7:31	59:35 7:18	1:05:43 6:08	1:06:46 1:03	1:10:31 3:45	1:20:51 <b>10:20</b>	1:22:59 2:08	1:29:52 6:53
6		<b>Norbert Pommer</b> <b>Kaulsdorfer OLV Be</b>	<b>1:38:48</b>	5:21 5:21	6:32 1:11	27:16 20:44	28:11 <b>0:55</b>	35:18 7:07	43:57 8:39	48:50 4:53	56:23 7:33	1:05:19 8:56	1:06:32 1:13	1:09:41 3:09	1:21:18 11:37	1:25:53 4:35	1:32:01 6:08
7		<b>Matthias Wauer</b> <b>OLV Potsdam</b>	<b>1:42:15</b>	10:19 10:19	11:38 1:19	23:41 12:03	25:26 1:45	38:44 13:18	44:21 5:37	49:09 4:48	56:26 7:17	1:03:23 6:57	1:04:24 1:01	1:10:30 6:06	1:23:26 12:56	1:26:23 2:57	1:36:50 10:27





